

The Lumen Link

A termly newsletter from The Lumen Partnership – connecting and reflecting on leadership together

Welcome to the very first edition of The Lumen Link!

It has been great to see how our partnership has grown into a genuinely supportive, honest and forward thinking group of heads. This newsletter is a way of sharing ideas, highlighting successes and reminding ourselves that none of us lead alone.

Our recent meetings have shown how powerful co-operation can be from:

- Developing excellent practice
- Pooling resources
- Accessing wider professional expertise
- Teacher collaboration
- Increasing capacity for innovation and school improvement
- Sharing strategic planning
- Professional network for peers

to gaining emotional and strategic supports from colleagues who understand the role.

Thank you all for your humour and co-operation during the time we have worked together.

Warm wishes

Edel

Spotlight on a school

Leagrave will start the ball rolling by sharing the opening of our extended nursery.

We were lucky to procure a £150,000 grant from the DfE to create an 80 place nursery which was officially opened by Sarah Owen MP for Luton North, on 24th September 2025.

Leagrave would be happy to provide support to any school wishing to go through the application process.



Leadership reflections

"Leadership isn't all about me. Leadership is about developing others."

Edel

"There is no exercise better for the heart than reaching down and lifting people up."

John Holmes

It would be great if each of you could send your reflections to be used in future editions.

Worth a read

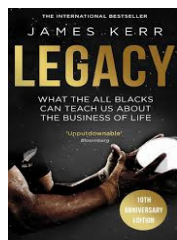
Legacy by James Kerr

What would be your legacy?

James presents 15 lessons that explain

how the All Blacks have

nurtured and sustained peak performance. He details what it involves to develop an extraordinary high performance culture and how to maintain it over time.



Do you have any recommendations of books, podcasts or articles for future editions?

I hope this Christmas brings you rest, warmth and time with those you love.

Happy Christmas!

Edel

In the know

1. Every school is to be set an individual minimum attendance improvement target and set up every child to achieve and thrive.
2. The next Luton Primary Heads meeting is on Tuesday 25th November 2025, at Putteridgebury.

Have a look at our Lumen Partnership website. Please update your latest news. If you would like to promote your school on our site, please let Edel know.

This term's wellbeing tip

Headship involves:

- Continuous decision making
- High emotional regulations
- Frequent interruptions
- Cognitive overload



So, book that morning working from home, write it in your diary and make it non-negotiable. It will improve your stress, resilience and overall wellbeing.

Do it today!

"Self-care is not selfish. You cannot serve from an empty vessel."
Eleanor Brown

Next meeting: Tuesday 20th January 2026, 11am-1pm
Focus: OFSTED presented by Richard Fordham